Moving the Narrative

Dance/movement therapy support group for survivors of sexual violence

This 8-week support group offers survivors an affirming community space to reclaim the body as a resource following sexual trauma. Survivors will explore embodied resilience through expressive movement storytelling. No movement experience necessary. All bodies welcome!

**Where:** 1945 W Wilson Ave, Suite 6110
Chicago, IL 60640

**When:** Mondays 6:00-8:00pm March 23- May 11

*Our building is wheelchair accessible and has an all gender bathroom onsite. Please share your other access needs during the required intake assessment.*

If interested, please set up a meeting with Lauren Milburn, LPC, R-DMT by email: lmilburn@ourresilience.org or by phone: 773. 275. 8340 ext 321