ANNUAL REPORT



MISSION

Resilience is an independent, not-for-profit organization dedicated to the healing and empowerment of sexual assault survivors through nonjudgmental crisis intervention counseling, individual and group trauma therapy, and medical and legal advocacy in the greater Chicago metropolitan area. Resilience provides public education and institutional advocacy in order to improve the treatment of sexual assault survivors and to effect positive change in policies and public attitudes toward sexual assault.

VISION

Resilience envisions a world where prevention efforts and global awareness of sexual violence expose rape myths, remove stigmas, eliminate rape and support all people as equal members of society.

2019 BOARD OF DIRECTORS

Beth Kallmyer, President Tom Andreesen, Vice President, President 2020 McKaye Whiteside, Treasurer Carol Stone, Secretary

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Lauren Pesa, Treasurer 2020
Julie Cameron, Secretary 2020
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Gibbs Vandercook
Sarah Wallace*
* New Member 2020

In 2019, we were thrilled to welcome the first Resilience Associate Board, a community dedicated to the mission of Resilience, raising awareness of the full spectrum of sexual violence, and engaging their networks in raising support for our programs and services. The board's inaugural meeting was

ASSOCIATE BOARD

held in the new fiscal year, July 2020.

Alicia Babich, President Mary Beaudin Lucy Delves Michelle Cahill Heather Clark Jane Flotte, Membership Chair Laura Green Sarah Hernandez, Membership Co-Chair Mindu Jhattu Andrea King Sarah E. King Amy Koenig Ashlee Krawczyk Megan Lawlor Michelle D. Morrow, Ed.D. Hannah Muerhoff, Treasurer Lauren Okura Kerri Pang, Fundraising Chair Amanda Robert Stephanie Perkowski, Vice President Sierra Petersen Kelly Sellers Jamie Waters Olivia Weyers Samantha Wootan, Fundraising Co-Chair Abby Toms, Secretary Jennifer Zale

WELCOME AND THANK YOU!



Dear Friends,

Fiscal year 2019 saw Resilience continuing to serve those in need more effectively than ever before. With your help, we have been hard at work, transforming Resilience into an organization that proudly honors our past and bravely commits to living up to our mission in today's complex environment. In 2019, we unveiled our official rebrand, welcomed two new hospital partners, and developed our satellite office spaces while meeting the need for sexual violence response and prevention throughout our city.

We encourage you to explore the impact that you made possible in the pages of this report. We are grateful for all the kind, passionate and generous supporters who help us answer the call to empower survivors and end sexual violence before it begins. On behalf of all of us at Resilience, thank you!

Tom Andreesen
President, Board of Directors



Gin Walton
Executive Director



RESILIENCE BY THE NUMBERS

2,189

SURVIVORS AND THEIR LOVED ONES SERVED THROUGH ADVOCACY, TRAUMA THERAPY, AND ANONYMOUS CRISIS SUPPORT

3,617
PROFESSIONALS
TRAINED

93

NEW VOLUNTEERS TRAINED

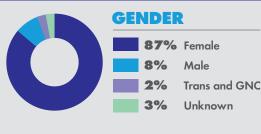
11,585

INDIVIDUALS REACHED THROUGH OUR PREVENTION EDUCATION PROGRAM

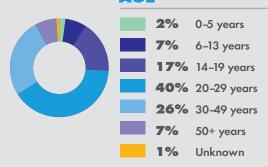
25,771

VOLÚNTEER HOURS SERVED ACTIVE

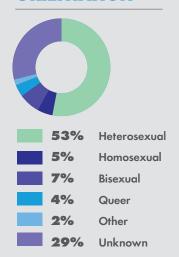
VOLUNTEERS

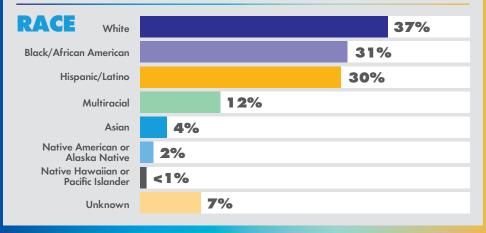






SEXUAL ORIENTATION





PROTECTING SURVIVORS' CHOICES

Every survivor deserves to have someone in their corner. Resilience provides 24-hour sexual violence response to 17 hospitals, as well as ongoing legal and medical advocacy to ensure that survivors have access to emotional support and advocacy while they receive emergency care and navigate across various systems like school, the workplace, healthcare, and the law after the hospital. We also partner with the Cook County Department of Corrections and Metropolitan Correctional Center, Chicago under the Prison Rape Elimination Act to provide advocacy support to incarcerated survivors. Thanks to the support of our community, we are able to offer survivors a support person who can help them navigate remedies they likely never knew existed. In the past year, 710 survivors utilized our medical advocacy services, 710 survivors utilized our support with the criminal legal system, and 760 survivors utilized our support with the civil legal system.

In addition to helping survivors access resources they have a right to, Resilience provides institutional advocacy to influence the systems survivors encounter, ensuring institutions have policies that are survivor-centered and challenging them when they don't exist, in every field from higher education to healthcare.



"[My advocate] was a lifesaver. She was positive, supportive, spirited, strong and everything I could have asked for in a partner through this process."

- Resilience Advocacy Client

PREVENTING SEXUAL VIOLENCE

Young people belong in conversations about consent, healthy relationships, and body autonomy. Resilience provides sexual violence prevention education to K–12 students in Chicago schools, using age-appropriate, evidence-informed, specialized curriculum that we develop and deliver, as well as teacher and staff trainings and parent and caregiver workshops. In our K–8 prevention programming, Resilience frequently partners with Imagination Theater, a performance arts organization, to address sexual harm through participatory theater workshops. Resilience also offers a robust professional training program through the Resilience Training Institute.

"Everyone has boundaries." -5th Grade Student

"These programs are so important." —School Faculty Member

AFTER A RESILIENCE PREVENTION EDUCATION OR PROFESSIONAL TRAINING PROGRAM

96%
OF YOUTH GRADES K-2 KNOW
THEY ARE THE BOSS OF THEIR BODY

83%
OF YOUTH GRADES 6-8 KNOW AT LEAST 1 PERSON OR PLACE THEY COULD GO TO FOR HELP

97%

OF MEDICAL AND CRIMINAL JUSTICE PERSONNEL INDICATE AN INCREASE IN THEIR CAPACITY TO SUPPORT SURVIVORS

Resilience provides corporate trainings on a wide range of topics, including preventing child sexual abuse, becoming an ally to survivors of sexual violence, and preventing sexual harassment.

"Working with Resilience was an incredible experience for Sprout Social. Our team learned a tremendous amount from the presentation, including how to be better allies, consider the language we use, and support survivors in our lives. We'd highly recommend working with this wonderful organization. Thank you Resilience!"

-Sprout Social Diversity, Equity, and Inclusion Guild

RESTORING LIVES

Every survivor deserves to heal from the disruption of sexual trauma. Resilience provides individual trauma therapy services as well as ongoing support groups for survivors who may want to be in community with others who share their experience, their identity, or their values. We offer creative arts therapies including art therapy and dance movement therapy to help survivors deal with the aftermath of sexual assault.

Additionally, Resilience provides loved ones with the tools they need to cope with the impact of vicarious trauma and support a survivor, including information about what to expect and how to be supportive. In 2019 Resilience provided 10,725 hours of trauma therapy services to survivors and their loved ones.

"Resilience has amazing services, from the hospital to the end of my therapy, I felt cared about, prioritized, and validated."

> Resilience Trauma Therapy Client

"This was the best experience, my feelings were validated, I didn't have to pretend, and now I have some lifelong friends."

> — Resilience Trauma Therapy Support Group Client



PROMOTING ACCESS AND EQUITY FOR ALL SURVIVORS

In 2019 Resilience partnered with Chicago Public Schools on new sexual violence response practices as well as co-founded the Chicago Prevention Alliance (CPA) with our leading partner Chicago Children's Advocacy Center (CCAC) and the Chicago Alliance Against Sexual Exploitation (CAASE) to implement and institutionalize a diverse array of educational tools and practices that prevents sexual harm against or by youth.

We're proud to share the following legislative news:

- HB 2135 removes the statute of limitations for adult sex crimes
- HB 92 allows for law enforcement to issue a summons to appear in court instead of making an arrest of a survivor with a warrant attempting to receive medical treatment in an emergency room
- HB 3550 amends the School Code and provides that course material and instruction in grades 6-12 must include discussion on the meaning of consent
- SB 25 (Reproductive Health Act) protects access and provides that every individual has a fundamental right to make autonomous decisions about their own reproductive health
- Resilience also worked on several bills addressing funding for the implementation of a tracking system for the processing of evidence collection kits, to begin in 2020



The Cook County Board of Commissioners, pictured with Resilience Director of Programs and Public Policy Sarah Layden, declares April is Sexual Assault Awareness Month

ENGAGING NEW VOICES

Youth deserve to have allies in their spaces. Our Music MyBody (OMMB) is a collaborative campaign run by staff from Resilience and Between Friends to raise awareness of and prevent gender-based violence in the music scene in Chicago and beyond. As a grassroots campaign that works alongside youth and others in the music scene, OMMB helps Resilience engage new audiences who are interested in exploring consent and working together to address gender-based violence in their spaces. In 2019, OMMB welcomed a new Campaign Coordinator, hired interns for the first time, and strengthened its partnerships.



OurMusicMyBody by the <u>numbers</u>:

- 8.000 music fans reached
- Staff trainings for 10 venues and festivals
- Partnered with 75+ shows and events
- More than 50 new volunteers

Festival partners

- Firefly Music Fest
- Tomorrow Never Knows Fest
- Audiotree Fest
- Desert Daze
- Dillo Day
- Northcoast Music Fest
- Lollapalooza
- Spring Awakening
- Riot Fest
- Ruido Fest
- Sad Summer Fest
- Pitchfork

Venue Partners

- Lincoln Hall
- Schubas
- Tied House
- The Hideout
- Subterrenean
- Beat Kitchen
- The Metro
- Smartbar
- GMan Tavern
- Sleeping Village
- Uncommon Ground Lakeview
- Emporium Wicker Park





ENGAGING THE PUBLIC

We've made incredible strides through survivor-led movements, but we need millions of engaged individuals and communities to achieve a culture of consent and accountability. In 2019 Resilience reached 413,912 individuals through 366 awareness promotion and social justice activism events. During Sexual Assault Awareness Month, we welcomed nearly a hundred participants for Standing Silent Witness, our annual demonstration protesting the silencing of survivors.

OVER 26,000

social media followers connect with Resilience every day on the issues that matter most to survivors



Executive Director Erin Walton and Comptroller Susana Mendoza discuss sexual violence





Performers at our annual Breaking the Silence spoken word event

HONORING VISIONARIES AND

INVESTING IN PREVENTION

Thanks to the support of our generous sponsors, we hosted our most successful event to date. Thank you to Consolidated Trading LLC; David & Pamela Reyes and Terese, Cameron, & Camille Reves: BlueCross BlueShield of Illinois; Carol and David Stone; Christal Henderson: Elizabeth Beaudin: Protiviti; Beth Kallmyer; Catharsis Productions; Chicago Says No More; Christine Evans; Deloitte and Lauren Pesa; Dominique Allman-Papa; Nuveen and Katherine Stabler; Marny and Matthew Zimmer; Aspen Insurance and Laird Stabler; Becky and Jonathan Center; Debra Pickett; Kate Meyer; LAMB Insurance Services; Melinda Holland: Shannon and Bill Kral: Thompson Flanagan; and Tom Andreesen.









"It's our collective responsibility to stand with survivors and fight for the voiceless but we must also raise our standards, teach responsibly against stigmas, re-educate ourselves and our children. Thank you Resilience for leading the way in your community. Together we will change the world."

 Kenyette Tisha Barnes and Oronike Odeleye, co-founders of #MuteRKelly and recipients of the 2019 Dr. Natalie A. Stephens Visionary Award

HOW YOU CAN HELP

Join Our Community

- Become a volunteer medical advocate
- Intern at Resilience
- Join our Board of Directors or Associate Board

Give to Resilience

- · Donate online or by mail
- Host a fundraiser
- · Matching gifts
- Corporate giving
- Planned giving
- Sponsor one of our special events

Connect

- · Participate in one of our public events
- Sign up for our newsletter
- Follow us on social media
- Talk to others about Resilience

For more information contact

Amy O'Keeffe
Director of Development
aokeeffe@ourresilience.org



WE ARE NOT VICTIMS.

We are survivors.
We are strengthened
by our overcoming
this pain. We are
strengthened in the
support we lend to
one another."

– Dominique Allman-Papa, Resilience Donor

THANK YOU, RESILIENCE VOLUNTEERS!

TRUE ALLIES IN CRISIS

Advocacy matters—survivors are more likely to commit to their healing journey and access critical resources if they receive support within the first 24 hours of disclosure. Our volunteer medical advocates serve as our 24hour crisis responders, often acting as survivors' first point of contact with Resilience and meeting survivors with immediate, unwavering nonjudgmental belief, empathy, and support. Resilience was founded by volunteers and continues to rely on our dedicated community of volunteers to provide the bulk of our emergency room services

766 SURVIVORS SERVED IN THE ER BY VOLUNTEERS

390 HOURS OF OUTREACH PROVIDED BY VOLUNTEERS AT PUBLIC EVENTS

52% OF ALL RESILIENCE CLIENTS ARE REFERRED BY VOLUNTEERS IN THE ER

"It's people like [my advocate] that are the reason why I'm still here today."

-Survivor in the ER

"She was the kindest, most gentle, most professional, most courteous, compassionate individual I have ever been in contact with in my life. I want to thank you for your service. I want to thank you for what you do for victims and their families."

—Parent of a Survivor in the ER



FINANCIALS

ASSETS	2018	2019
Cash and Cash Equivalents	\$1,147,719	\$925,071
Investments		\$315,333
Grants and Accounts Receivable	\$709,169	\$742,181
Property and Equipment, Net	\$19,797	\$33,958
Prepaid and Other Assets	\$44,615	\$47,187
Rental Deposit	\$14,034	\$14,034
TOTAL ASSETS	\$1,935,334	\$2,064,303
LIABILITIES AND NET ASSETS	2018	2019
Accounts Payable	\$38,172	\$48,055
Accrued Expenses	\$43,483	\$96,950
Deferred Lease	\$37,267	\$29,957
Deferred Revenue	\$63,247	\$85,814
TOTAL LIABILITIES	\$182,169	\$260,776
Unrestricted	\$1,573,165	\$1,703,527
Temporarily Restricted	\$180,000	\$100,000
Total Net Assets	\$1,753,165	\$1,803,527
Total Liabilities and Net Assets	\$1,935,334	\$2,064,303
FY19 REVENUE	2018	2019
Government Grants	\$1,605,196	\$1,694,507
Foundation Grants	\$466,000	\$225,000
Individual Contributions	\$191,878	\$228,374
Service Fees	\$330,507	\$290,777
Special Events, Net	\$53,752	\$84,949
Interests and Miscellaneous Income	\$523	\$2,093
TOTAL REVENUE	\$2,647,856	\$2,525,700
FY19 EXPENSES	2018	2019
Program Services	\$1,930,212	\$1,869,641
Management and General	\$95,375	\$324,817
Fundraising	\$244,439	\$294,958

THANK YOU TO OUR SUPPORTERS

"Resilience champions sexual assault prevention and awareness via efforts to expose rape myths, remove stigmas, and end rape culture. If you seek an inclusive society, promote authentic and safe workplaces, support total mind and body healing and wellness for all, you support Resilience." — Alicia Babich, Groupon

Foundations

Albert Pick, Jr. Fund Alphawood Foundation Chicago The Blowitz-Ridgeway Foundation The Chicago Community Trust Chicago Foundation for Women Chicago Says No More C. Richard and Marianne Reinisch Foundation Crown Family Philanthropies Eau Claire Community Foundation Gary Family Fund Goodman Family Foundation Hitachi High Technologies America, Inc. The John R. Houlsby Foundation The Lucy Fund/Jean and Ernest Cozier MacArthur Foundation Mary Alice and Bennett Brown Foundation, Inc. Northern Trust Polk Bros. Foundation VNA Foundation

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\$1,000-\$4,999

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First Ascent Climbing & Fitness

Fly Honeys

The Found **GirlFawkesPins** Goodman Theatre Great Lakes Tattoo **GRLSQUASH** Handlebar Haymarket Books Heinie and Hymen International Museum of Surgical Science The Joffrey Ballet

Kind Studio The Kitchen Knee Deep Vintage

Knoll Land And Sea Dept.

Lettuce Entertain You Enterprises Live Nation

Lollapalooza Lost Girls Vintage The Magnificent Smile m.henry

Marin Hair Co

Marz Community Brewing Co. Megan Saul Photography

Metro Chicago Metropolitan Brewing Midtown Athletic Club

Museum of Science and Industry Nomee Photography Pinot's Palette Pitchfork Ponnopozz The Pot Shop

PRP Wine International Rebekah Frumkin Rebirth Garments Revolution Brewing The Ridge Hotel

The Royal George Theatre Sheri Jewel Psychic Medium Sophie Lucido Johnson

Sprinkles Subterranean

Tito's Handmade Vodka

Twisted Scissors Vaudezilla The Victor Bar

Whole Foods Market Cooking

Classroom Wines for Humanity wndr museum

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