

Visual Journaling Art Therapy Group

Connect with other survivors of sexual violence while using visual journaling as a reflective process to explore concepts, ideas, and thoughts in order to deepen personal meaning. Open to adult survivors, all genders welcome.

Fridays, March 12-April 30
2:30-4:00pm CST
Held Virtually



RESILIENCE
EMPOWERING
SURVIVORS
ENDING SEXUAL
VIOLENCE

Space is limited.
If interested please contact
Annalise Castro by email at
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