



180 North Michigan Ave.
Suite 600
Chicago, IL 60601

312-443-9603 tel
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ourresilience.org

Position Title: Trauma Therapist (Bilingual in Spanish) (full-time, exempt)

Reports to: Director of Trauma Therapy

Pay Range: \$49,500-\$51,000 (commensurate with experience)

Benefits: HMO, Dental, Vision, Life Insurance fully covered by employer. Holiday, Vacation and Sick time.

ORGANIZATIONAL BACKGROUND

Resilience is an independent, not-for-profit organization dedicated to the healing and empowerment of sexual assault survivors through non-judgmental crisis intervention counseling, individual and group trauma therapy, and medical and legal advocacy in the greater Chicago metropolitan area. Resilience provides public education and institutional advocacy in order to improve the treatment of sexual assault survivors and to effect positive change in policies and public attitudes toward sexual assault. Established in 1974, Resilience now serves over 2000 survivors of sexual violence and their loved ones annually through our main office in downtown Chicago and our community-based offices in Austin and Ravenswood, and several co-locations within partner organizations across the city.

GENERAL ROLE DESCRIPTION

The Trauma Therapist (based at the Northside Office) is responsible for providing trauma informed care to survivors of sexual assault through individual, couples, and family therapy as well as facilitating general and specialized support groups for adult and adolescent survivors and their loved ones at our Northside office and occasionally offsite. The Trauma Therapist works with diverse populations and clients in marginalized communities. They are responsible for understanding the sensitive nature of working with trauma and recognizing the psychological, emotional, and physical symptoms survivors experience. By providing psycho-education, and evidence-based modalities such as Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), Strengths-Based Therapy, and additional alternative modalities, the Trauma Therapist tailors their support and interventions to best meet the healing needs of each individual survivor.

The Trauma Therapist evaluates the effectiveness of treatment to enhance trauma therapy services, provides adequate support resources where needed and approaches services in an authentic and empathetic manner. Additionally, the Trauma Therapist is responsible for being self-aware, maintaining collaborative relationships with their team and contributing to high level competency building in working with trauma across the organization.

RESPONSIBILITIES

- Provide individual, couples, and family therapy, and support groups for adolescent and adult survivors of sexual assault and their loved ones
- Maintain a caseload of clients appropriate to level of employment and program needs
- Assess and screen individuals to determine appropriate level of intervention and services
- Promptly respond to requests for therapy services and maintain intake and referral records
- Participate in regular supervision, consultation, program, and staff meetings
- Support the Training & Outreach Manager in offering professional trainings for a variety of audiences through the Resilience Training Institute
- Provide in-person support, crisis intervention and information and referrals to survivors of sexual assault and their loved ones
- Update and maintain a network of community members and service providers

- Perform ongoing outreach and networking in the Ravenswood community and surrounding areas to foster collaboration and maintain awareness of the Northside Satellite Office and Resilience services
- Identify and participate in community events, forums, and meetings as necessary to maintain the agency's awareness of community issues impacting survivors, as well as awareness of the efficacy of trauma therapies for survivors
- Participate in meetings/trainings for local and statewide sexual assault coalitions, institutional partners, and other agencies, as assigned
- Participate on internal and external committees or activism that address issues of responding to sexual violence, trauma-informed care, racial equity, reproductive justice, disability inclusion, economic justice or LGBTQ+ issues
- Collaborate with staff and interns from the Education & Training and Advocacy programs in order to enhance the effectiveness of the agency's services
- Maintain accurate and complete records of all services delivered including evaluation of art and trauma therapy programming and adhere to agency and departmental documentation submission requirements
- Complete monthly reports and documentation, including assisting the Director of Trauma Therapy with statistical reporting and funding applications
- Other duties as assigned

REQUIREMENTS

- Master's degree in social work, counseling, or psychology required
- Bilingual in Spanish/English required
- LSW/LPC required within 6 months of hire; LCSW/LCPC a plus
- Minimum of two years' experience providing counseling services required, including support groups and family counseling
- Demonstrated counseling and client assessment skills
- Demonstrated comfort in working with clients from diverse backgrounds.
- Excellent active listening skills, verbal and, written communication skills
- Strong public speaking skills with a variety of audiences
- Strong analysis of social justice framework including racial equity, reproductive justice, disability inclusion, economic justice and LGBTQ+ issues required
- Previous experience working on women's issues, addressing sexual violence/gender-based violence, and working with diverse populations including LGBTQ communities and communities of color strongly preferred
- Exceptional organizational and record-keeping skills
- Flexibility to work some evening hours is required
- Completion of a minimum of 40-hours of sexual assault training within 60 days of hire is required; previous completion of the training is very strongly preferred

ENVIRONMENTAL/ PHYSICAL

- If you are offered employment with Resilience, please take one of the following steps to meet the necessary requirements.
 - Prior to or on your first date of employment, you will be required to provide proof of your COVID-19 vaccination to Human Resources Department.
 - You will receive direction on how and when to provide proof of your COVID-19 vaccination. Acceptable proof of vaccination includes:
 - CDC COVID-19 vaccination record card
 - Documentation of vaccination from a health care provider or electronic record

- A copy of medical records documenting the vaccination
- A copy of immunization records from a public health
- Possible exposure to vicarious trauma
- Potential for exposure to environmental and/or psychological hazards on or offsite at select partner locations
- Physical requirements may include (extended or periodic) walking, bending, reaching, sitting and lifting

Persons of color and LGBTQ+ persons are encouraged to apply. Resilience is an equal opportunity employer and does not discriminate on the basis of race, age, sex, gender identity, gender expression, national origin, sexual orientation, or disability in its procedures and policies.

To Apply:

Please send your cover letter and resume to:

Dr. LaShanda Nalls, Director of Trauma Therapy

jobs@ourresilience.org

Include Trauma Therapist (Bilingual) and your last name in the subject line.

Please note that incomplete applications will not be considered.

No phone calls please.