



**RESILIENCE**  
EMPOWERING  
SURVIVORS  
ENDING SEXUAL  
VIOLENCE

Thank you for your interest in interning with Resilience. We are glad that you contacted us. There are several ways in which you can join the movement to end sexual violence. The three primary internship opportunities are with our **Advocacy, Trauma Therapy\* and Education and Training** programs. *\*You must be enrolled in a master's level program to be eligible for an internship providing trauma therapy.*

All of our interns are **required** to complete a *minimum* of 40-hours of sexual assault crisis intervention training in accordance with the Illinois Coalition Against Sexual Assault mandates. You must also attend an agency orientation at a date to be determined. The 40-hour crisis intervention training must be completed prior-to or within a month of beginning your internship. Resilience offers this training at least three times a year. The schedule is available via the links below. There is no cost for the training if you are accepted into the internship program. **Training is approximately 5 weeks long, in the evenings.** There may be other training options available on a case-by-case basis.

In addition to the information needed to apply below, please complete the training application [here](#). You can indicate your specific internship interest under the **VOLUNTEER OPPORTUNITIES** portion of the application. Our website [www.ourresilience.org](http://www.ourresilience.org) also has training information and the schedule available [here](#).

Most of Resilience's internships require a minimum of one year or two academic semesters. Please be sure to read carefully to determine the time commitment of your intended internship. Resilience accepts non-academic interns by exception.

**Resilience strongly encourages applicants who are multi-cultural, multi-lingual, identify as persons of color and/or LGBTQ.**

To apply:

1. Send cover letter and resume to the **rberistain@ourresilience.org**
2. Your cover letter should include:
  - a. Name of school, major/program and required duration of internship, expected graduation date
  - b. Number of direct service hours vs. office hours required
  - c. Supervision requirements (i.e. seeking supervision by LCSW if required by your program)
  - d. Number of hours you can commit to each week and availability
3. Please also tell us:
  - a. What sparked your interest in an internship with Resilience?
  - b. Do you have any previous experience in rape crisis work? Please note if already 40 hour-trained.
  - c. What are your future goals and interests related to rape crisis work?
4. Once submitted, wait for Intern Supervisor to connect with you regarding an interview.
5. Complete the online training application following the appropriate link above, mark your internship interest.

**Position Title: Trauma Therapy Intern (3 positions available)**

**Reports To: Clinical Internship Supervisor**

### **GENERAL ROLE DESCRIPTION**

The trauma therapy intern must be a second-year student enrolled in a M.A. or M.S. trauma therapy psychology, clinical psychology, or social work program. The trauma therapy intern will have the opportunity to provide individual, group, couple's, family, and significant other trauma therapy to individuals who are survivors of sexual violence. In addition to providing trauma therapy services, the trauma therapy intern will be responsible for completing a minimum 40-hour Sexual Assault Training must be completed before start of internship. Must be able to work on MWF, and 1 evening.

### **RESPONSIBILITIES**

1. Complete 40-hour Sexual Assault Training.
2. Provide individual, couple's, and family trauma therapy with a caseload of 10 clients.
3. Co-facilitate a support group.
4. Collaborate with other interns in the trauma therapy program on a group project of your choice.
5. Participate in inter-departmental collaboration within the agency.
6. Report all direct client contact for statistical reporting and program evaluation purposes.
7. Maintain client and administrative paperwork.
8. Participate in mailings and other outreach efforts and opportunities.
9. Participate in individual supervision on a weekly basis.
10. Participate in group supervision on a monthly basis

### **DIRECT PRACTICE WITH CLIENT RESPONSIBILITIES**

1. Understand and apply trauma therapy values and ethics.
2. Understand and apply relevant clinical theories.
3. Set clear and appropriate boundaries.
4. Engage clients effectively and establish a contract for work.
5. Plan and structure the intervention process.
6. Understand and respect the positive value of diversity.
7. Identifies and uses appropriate research to inform practice.
8. Use appropriate measures to evaluate own practice.
9. Observe own behavior in clinical interactions
10. Closes/transfer cases appropriately.

**To apply for the trauma therapy internship, please provide a cover letter, curriculum vitae/resume, and application above for consideration. If you have any questions, please contact the Clinical Intern Supervisor Renee Miranda-Beristain at [rberistain@ourresilience.org](mailto:rberistain@ourresilience.org) or 312-443-9603 ext. 141**

Position Title: **Art Therapy Intern (1 position available)**

Reports To: Clinical Intern Supervisor - supervisor does not have art therapy background

### **GENERAL ROLE DESCRIPTION**

The trauma therapy intern must be a second- or third-year student enrolled in a graduate art therapy program. The art therapy intern will have the opportunity to provide individual, group, couple's, family, and significant other trauma therapy/art therapy to individuals who are survivors of sexual violence. In addition to providing trauma therapy/art therapy services, the art therapy intern will be responsible for completing a minimum 40-hour Sexual Assault Training before internship starts. Must be able to work on MWF, and 1 evening.

### **RESPONSIBILITIES**

1. Complete 40-hour Sexual Assault Training.
2. Provide individual, couple's, and family trauma therapy/art therapy with a caseload of 10 clients.
3. Co-facilitate an art therapy group.
4. Collaborate with other interns in the trauma therapy program on a group project of your choice.
5. Participate in inter-departmental collaboration within the agency.
6. Report all direct client contact for statistical reporting and program evaluation purposes.
7. Maintain client and administrative paperwork.
8. Participate in mailings and other outreach efforts and opportunities.
9. Participate in individual supervision on a weekly basis.
10. Participate in group supervision on a monthly basis.

### **DIRECT PRACTICE WITH CLIENT RESPONSIBILITIES**

1. Understand and apply trauma therapy values and ethics.
2. Understand and apply relevant clinical theories.
3. Set clear and appropriate boundaries.
4. Engage clients effectively and establish a contract for work.
5. Plan and structure the intervention process.
6. Understand and respect the positive value of diversity.
7. Identify and use appropriate research to inform practice.
8. Use appropriate measures to evaluate own practice.
9. Observe own behavior in clinical interactions.
10. Close/transfer cases appropriately.

**To apply for the trauma therapy internship, please provide a cover letter, curriculum vitae/resume, and application above for consideration. If you have any questions, please contact the Clinical Intern Supervisor Renee Miranda-Beristain at [rberistain@ourresilience.org](mailto:rberistain@ourresilience.org) or 312-443-9603 ext. 141.**