

**Position Title:** Trauma Therapist (part-time, 20 hours per week, non-exempt)

**Reports to:** Director of Trauma Therapy

Pay Range: \$25-\$40 per hour, based on licensure, experience, etc.

Location: Hybrid

### **ORGANIZATIONAL BACKGROUND**

The mission of Resilience is to end rape culture and empower sexual assault survivors through advocacy, education, and healing. Throughout Chicago, we provide nonjudgmental crisis intervention counseling, individual and group trauma therapy, medical and legal advocacy, and public education and institutional advocacy to improve the treatment of survivors and to effect positive change in policies and public attitudes toward sexual assault. Established in 1974, Resilience serves over 2,000 survivors of sexual violence and their loved ones annually.

#### **GENERAL ROLE DESCRIPTION**

This position provides individual, couples, and family therapy, and facilitates one eight-to-ten-week support group per quarter for adult and adolescent sexual assault survivors/victims and their significant others.

Individual therapy sessions are provided virtually. Support groups may be offered virtually, onsite at our Central or Austin locations, or at other locations based on the modality and program needs. This is a part-time, non-exempt position, with a reduced caseload and flexible scheduling to accommodate part-time hours. Completion of a 40-hour sexual assault training is required before conducting therapy services; staff will be paid for their time.

#### **RESPONSIBILITIES**

- Provide individual, couples, and family therapy
- Facilitate support groups incorporating expressive therapies for survivors of sexual violence
- Maintain a part-time caseload of ten to twelve clients
- Conduct intake assessments and determine therapeutic interventions as needed
- Participate in supervision, team meetings, and collaborative case consultations
- Maintain accurate and prompt documentation in accordance with agency standards
- Engage in community outreach and represent Resilience at local events and forums as needed
- Collaborate with staff across departments to ensure holistic support for clients
- Participate in ongoing training and professional development
- Integrate creative arts therapy approaches into trauma-informed care

# **POSITION REQUIREMENTS**

- Master's degree in counseling, psychology, social work, or a related field
- Minimum of one to two years of experience providing therapeutic services to survivors of trauma or gender-based violence, including group or family work
- Effective communication, documentation, and organizational skills
- Ability to work independently and collaboratively in a team setting
- Reliable transportation for occasional off-site sessions
- Flexibility to work some evening hours and occasional weekends
- Clinical licensure is preferred (LCSW, LMFT, LMHC, LCPC), although LSWs will be considered
- Bilingual Spanish is preferred, although other languages will be considered
- Specialization or licensure in the fields of art therapy (ATR-BC), substance misuse (CADC), sex therapy (CST), and family therapy (LAMFT) are preferred.

Perform other duties as assigned to further the reputation and financial stability of Resilience.

## **ORGANIZATIONAL REQUIREMENTS**

- Exceptional executive functioning skills and emotional intelligence
- Adaptability, conscientiousness, and reliability
- Excellent verbal and written communication skills
- Ability to give and receive honest, constructive feedback
- Ability to take initiative and work independently, as well as in a team environment that includes crossdepartment coordination
- Passion for Resilience's mission is required; understanding of and/or experience working with sexual assault, women's issues, and human rights issues preferred
- Completion of minimum 40-hours of sexual assault training within 90 days of hire is required.

### **HYBRID WORK ENVIRONMENT**

To help promote work-life balance, Resilience provides a hybrid workplace that allows employees to work remotely or from the office, based on the needs of the organization and their personal preferences.

# **BACKGROUND CHECK REQUIREMENTS**

Because of the nature of our funding, all staff, interns, and volunteers are required to clear a criminal background check, free of convictions related to 1) any sex offense, and 2) any offense in which the victim is, by statute, a youth, including but not limited to, child abuse and child endangerment.

Additional background checks vary by position and are required for work with Chicago Public Schools, Cook County Health and Hospitals System, and for work with survivors who are incarcerated. Those who do not pass these requirements are not eligible for employment.

### **ENVIRONMENTAL/ PHYSICAL**

- If you are offered employment with Resilience, please take one of the following steps to meet the necessary requirements.
  - Prior to or on your first date of employment, you will be required to provide proof of your
    COVID-19 vaccination to Human Resources Department.
  - You will receive direction on how and when to provide proof of your COVID-19 vaccination.
    Acceptable proof of vaccination includes:
    - CDC COVID-19 vaccination record card
    - Documentation of vaccination from a health care provider or electronic record
    - A copy of medical records documenting the vaccination
    - A copy of immunization records from a public health service
- Exposure to vicarious trauma
- Potential for exposure to environmental and/or psychological hazards on or offsite at select partner locations.
- Physical requirements may include (extended or periodic) walking, bending, reaching, sitting, and lifting.

## Persons of color and LGBTQ+ persons are encouraged to apply.

Resilience is an equal opportunity employer and does not discriminate on the basis of race, age, sex, gender identity, gender expression, national origin, sexual orientation, or disability in its procedures and policies.

# To apply:

- Send cover letter and resume to jobs@ourresilience.org, attention Dr. LaShanda Nalls, Director of Trauma Therapy
  - o In the subject line, include "Trauma Therapist" and your last name
  - Provide answers to the following questions:
    - Have you completed a 40-hour crisis intervention training for survivors of sexual assault? If so, when and with what organization?
    - What days and hours are you available?
    - What support groups or workshops have you led?
    - Provide a summary of therapeutic approaches you have extensive training on and practice with clients.
- Resumes without a cover letter with responses to these questions will not be considered. Thank you.