



Thank you for your interest in interning with Resilience. We are glad you reached out. There are several ways to join the movement to end sexual violence. Our three primary internship opportunities are within our **Advocacy, Trauma Therapy\***, and **Education and Training** programs.

\*Please note: You must be enrolled in a master's-level program to be eligible for an internship providing trauma therapy.

All interns are required to complete a **minimum of 40 hours of sexual assault crisis intervention training** in accordance with Illinois Coalition Against Sexual Assault (ICASA) mandates. Interns must also attend an agency orientation, with the date to be determined. The 40-hour training must be completed either prior to beginning the internship or within the first month. Resilience offers this training at least three times per year, and the schedule is available via the links below. There is no cost for the training if you are accepted into the internship program. The training typically spans approximately five weeks and is held in the evenings. Additional training options may be available on a case-by-case basis.

Most Resilience internships require a **minimum commitment of one year or two academic semesters**. Please review the specific internship descriptions carefully to ensure you can meet the required time commitment. Resilience accepts non-academic interns by exception. We strongly encourage applicants who are multicultural, multilingual, identify as persons of color, and/or identify as LGBTQ+ to apply.

## To Apply

1. Please send your **cover letter and résumé to Jillian Furey, Clinical Services Supervisor**, at [jfurey@ourresilience.org](mailto:jfurey@ourresilience.org).
2. Your cover letter should include:
  - a. Name of your school, major/program, required internship duration, and expected graduation date
  - b. Number of required **direct service hours** versus **administrative/office hours**
  - c. Supervision requirements (e.g., whether supervision by an LCSW is required by your program)
  - d. Number of hours you can commit each week and your general availability
3. Please also address the following:
  - a. What sparked your interest in an internship with Resilience?
  - b. Do you have any prior experience in rape crisis work? (Please note if you have already completed the 40-hour training.)
  - c. What are your future goals and interests related to rape crisis work?
4. **Once your materials are submitted, please allow time for the Intern Supervisor to follow up regarding next steps and a potential interview.**



Position Title: Trauma Therapy Intern (3 positions available)  
Reports To: Clinical Services Supervisor

### **Organizational Background**

The mission of Resilience is to end rape culture and empower sexual assault survivors through advocacy, education, and healing. Throughout Chicago, we provide nonjudgmental crisis intervention counseling, individual and group trauma therapy, medical and legal advocacy, and public education and institutional advocacy to improve the treatment of survivors and to effect positive change in policies and public attitudes toward sexual assault. Established in 1974, Resilience serves over 2,000 survivors of sexual violence and their loved ones annually.

### **General Role Description**

The Trauma Therapy Intern provides individual, couples, family, and group trauma therapy to adult and adolescent survivors of sexual violence and their significant others.

### **Eligibility & Requirements**

- Second-year graduate student enrolled in an M.A. or M.S. program in trauma therapy psychology, clinical psychology, or social work
- Completion of a 40-hour Sexual Assault Crisis Intervention Training prior to the start of the internship
- Availability on Mondays, Wednesdays, Fridays, and one evening per week

### **Responsibilities**

- Maintain a caseload of approximately 10 clients
- Provide individual, couples, and family trauma therapy
- Co-facilitate a trauma therapy support group
- Complete required clinical documentation and statistical reporting
- Participate in outreach, mailings, and interdepartmental collaboration
- Collaborate with fellow trauma therapy interns on a group project
- Attend weekly individual supervision and monthly group supervision

### **Clinical Expectations**

- Apply trauma-informed, ethical, and culturally responsive practices
- Establish appropriate boundaries and effective client engagement
- Use theory and research to inform practice
- Evaluate clinical work and close/transfer cases appropriately

To apply for the trauma therapy internship, please provide a cover letter, curriculum vitae/resume, and application above for consideration. If you have any questions, please contact Jillian Furey, Clinical Services Supervisor: [jfurey@ourresilience.org](mailto:jfurey@ourresilience.org).

Position Title: Art Therapy Intern (1 position available)  
Reports To: Clinical Intern Supervisor - supervisor does not have art therapy background

### **Organizational Background**

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### **General Role Description**

The Trauma Therapy (Art Therapy) Intern provides individual, couples, family, and group trauma therapy/art therapy to adult and adolescent survivors of sexual violence and their significant others. Individual sessions and support groups are offered virtually or onsite at Resilience's Central office location.

### **Eligibility & Requirements**

- Second- or third-year graduate student in an art therapy program
- Completion of a 40-hour Sexual Assault Crisis Intervention Training prior to internship start
- Availability on Mondays, Wednesdays, Fridays, and one evening per week

### **Responsibilities**

- Maintain a caseload of approximately 10 clients
- Co-facilitate an art therapy support group (8–10 weeks per quarter)
- Complete clinical documentation and statistical reporting
- Participate in outreach and interdepartmental collaboration
- Attend weekly individual supervision and monthly group supervision
- Collaborate with fellow interns on a group project

### **Clinical Expectations**

- Apply trauma-informed, ethical, and culturally responsive practices
- Establish appropriate boundaries and effective client engagement
- Use theory and research to inform practice
- Evaluate clinical work and close/transfer cases appropriately

To apply for the trauma therapy internship, please provide a cover letter, curriculum vitae/resume, and application above for consideration. If you have any questions, please contact Jillian Furey, Clinical Services Supervisor: [jfurey@ourresilience.org](mailto:jfurey@ourresilience.org).