

RESILIENCE

Empowering Survivors | Ending Sexual Violence

Trauma Therapist (Part-Time)

Bilingual English/Spanish required

ORGANIZATIONAL BACKGROUND

The mission of Resilience is to end rape culture and empower sexual assault survivors through advocacy, education, and healing. Throughout Chicago, we provide nonjudgmental crisis intervention counseling, individual and group trauma therapy, medical and legal advocacy, public education, and institutional advocacy to improve the treatment of survivors, and to effect positive change in policies and public attitudes toward sexual assault. Established in 1974, Resilience serves over 2,000 survivors of sexual violence and their loved ones annually. Resilience has a main office in downtown Chicago, a community-based office in Chicago's West Side, and co-locations within partner organizations across the city.

Reports To: Director of Trauma Therapy

Status: Part-time, 20 hours per week, Non-exempt, Bilingual English/Spanish required

Salary Range: \$25-\$40 per hour, based on licensure, experience, etc.

Location: Hybrid work schedule with at least 1 day per week in person. Positions available at both the Downtown Loop and Garfield Park locations, additional in-person duties vary.

Benefits: Pro-rated sick and personal time. Free onsite gym at Downtown Loop location.

GENERAL ROLE DESCRIPTION

This position provides individual, couples, and family therapy, and facilitates one eight-to-ten-week support group per quarter for adult and adolescent sexual assault survivors/victims and their significant others. Individual therapy sessions are provided virtually. Support groups may be offered virtually, onsite at our Central or Austin locations, or at other locations based on the modality and program needs. This is a part-time, non-exempt position, with a reduced caseload and flexible scheduling to accommodate part-time hours. Completion of a 40-hour sexual assault training is required before conducting therapy services; staff will be paid for their time.

RESPONSIBILITIES

- Provide individual, couples, and family therapy
- Facilitate support groups incorporating expressive therapies for survivors of sexual violence
- Maintain a part-time caseload of ten to twelve clients
- Conduct intake assessments and determine therapeutic interventions as needed
- Participate in supervision, team meetings, and collaborative case consultations
- Maintain accurate and prompt documentation in accordance with agency standards
- Engage in community outreach and represent Resilience at local events and forums as needed
- Collaborate with staff across departments to ensure holistic support for clients
- Participate in ongoing training and professional development
- Integrate creative arts therapy approaches into trauma-informed care

Perform other duties as assigned to further the reputation and financial stability of Resilience.

Position Requirements

- Bilingual (written and verbal fluency) in Spanish and English required, other languages will be considered
- Master's degree in counseling, psychology, social work, or a related field
- Minimum of one to two years of experience providing therapeutic services to survivors of trauma or gender-based violence, including group or family work
- Effective communication, documentation, and organizational skills
- Ability to work independently and collaboratively in a team setting
- Reliable transportation for occasional off-site sessions
- Flexibility to work some evening hours and occasional weekends
- Clinical licensure is preferred (LCSW, LMFT, LMHC, LCPC), although LSWs will be considered
- Specialization or licensure in the fields of art therapy (ATR-BC), substance misuse (CADDC), sex therapy (CST), and family therapy (LAMFT) are preferred.

Organizational Requirements

- Exceptional executive functioning skills
- Adaptability, conscientiousness, and reliability
- Excellent verbal and written communication skills
- Ability to give and receive honest, constructive feedback
- Ability to take initiative and work independently, as well as in a team environment that includes cross-department coordination
- Passion for Resilience's mission required
- Flexibility to work evening and weekend hours
- Completion of minimum 40-hours of sexual assault training within 60 days of hire is required; previous completion of the training is strongly preferred

Hybrid Work Environment

To support team collaboration and operational success, Resilience utilizes a structured hybrid work schedule requiring both in-office and/or in-person work at other locations related to your role. While we value workplace flexibility, this position requires regular availability during business hours, some evenings and weekends and is not a fully remote role. In-office and in-person schedule requirements are based on organizational need.

Background Check Requirements

Due to the nature of our funding, all staff, interns, and volunteers are required to clear a criminal background check, free of convictions related to 1) any sex offense, and 2) any offense in which the victim is, by statute, a youth, including but not limited to, child abuse and child endangerment. Additional background checks vary by position and are required for work with Chicago Public Schools and with survivors who are incarcerated. Those who do not pass these requirements are not eligible for employment.

Environmental/Physical

Due to the nature of our work, all employees have the following potential risks, which will vary depending on the role:

- Exposure to vicarious trauma
 - Exposure to environmental and/or psychological hazards on or offsite at select partner locations
 - Physical requirements may include (extended or periodic) walking, bending, reaching, sitting, and lifting
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Benefits and Perks

At Resilience, we believe caring for our team is essential to caring for our community. Eligible employees have access to a comprehensive benefits package that includes medical, dental, and vision insurance, life and disability coverage, a retirement savings plan, flexible spending accounts, and an Employee Assistance Program (EAP) offering confidential counseling and support resources. Employees also enjoy generous paid time off, including holidays, vacation, sick time, wellness time, bereavement leave, jury duty leave, and other protected leaves of absence. We have a fully-equipped fitness center onsite that offers staff a convenient way to focus on health and wellness before, during or after the workday. We are committed to supporting the health, well-being, and professional growth of our staff so they can thrive both at work and in their personal lives.

How to Apply

To apply, please complete our application here: <https://ourresilience.bamboohr.com/careers/>

Persons of color and LGBTQ+ persons are encouraged to apply. Resilience is an equal opportunity employer and does not discriminate on the basis of race, age, sex, gender identity, gender expression, national origin, sexual orientation, or disability in its procedures and policies.

Resumes without a cover letter will not be considered. Thank you.